



Infinite Wings™

YOGA SANKIRTAN MEDITATION  
& SELF-HEALING

*Empowerment by Shri. Sudarshanji*



# INTRODUCTION

Yoga Sankirtan is an ancient mystical art of meditation and self-healing wherein sound vibrations are used to create specific patterns of energy which causes complete healing of the body, mind and soul.

The siddhas and sages of yore used Yoga Sankirtan as a tool to purify themselves and raise their consciousness to the highest realm of peace and tranquillity.

Shri. Sudarshanji, a renowned philosopher and yogi, has revived this ancient practice of Yoga Sankirtan and presented it in a simplified way so that everyone can benefit and transform their lives.

## COURSE HIGHLIGHTS

- Powerful Yoga Sankirtan meditation sessions
- Yogic breathing to maximise self-healing
- Practical tips for purification through interactive forums

## COURSE OBJECTIVES

- Release of accumulated stress
- Intra-cellular healing
- Freedom from emotional blocks
- Enhanced concentration and alertness of mind
- Increase in work efficiency

## Programme details

- Day 1 : Date - 25/02/2017, Saturday  
Registration time - 5:00 pm to 6:00 pm  
Session time - 6:00 pm to 8:00 pm
- Day 2 : Date - 26/02/2017, Sunday  
Session time - 10:00 am to 12:00 pm
- Venue : TAG Auditorium,  
Bhavan's Rajaji Vidyashram,  
No. 6, Kilpauk Garden Road,  
Kilpauk, Chennai
- Course fee : Rs. 2,500 per participant

## Registration Options

### For offline registration :

Mrs. Srividya Kanak : +91 72990 73366

Mrs. Subharekha R : +91 98841 49010

E mail : [contact@infinitewings.in](mailto:contact@infinitewings.in)

### For online registration :

Visit [www.infinitewings.in/yoga-sankirtan](http://www.infinitewings.in/yoga-sankirtan)





Shri. Sudarshanji is a renowned philosopher, yogi and management exponent with a multi-faceted background in diverse fields like psychology, management, yoga, vedanta, mathematics and music.

His teachings are backed by over twenty five years of full-time research on ancient wisdom and its practical application in day-to-day living.

He is the pioneer of the Yoga Sankirtan audio series, which contains unique musical compositions aimed at total healing at all levels.